



SUNRISE MARTIAL ARTS

EASTBLUFF CLASS SCHEDULE • 2026

2529 Eastbluff Dr, Newport Beach, CA 92660

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TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 PM	Little Heroes 3:00–3:30	Little Heroes 3:00–3:30	All Belts (5–8 yrs) 3:15–4:00	Little Heroes 3:00–3:30		Little Heroes 9:30–10:00
	All Belts (5–8 yrs) 3:30–4:15	All Belts (5–8 yrs) 3:30–4:15		All Belts (5–8 yrs) 3:30–4:15		Little Heroes 10:00–10:30
4:00 PM	All Belts (5–8 yrs) 4:15–5:00	All Belts (5–8 yrs) 4:15–5:00	All Belts (5–8 yrs) 4:00–4:45	All Belts (5–8 yrs) 4:15–5:00	All Belts (5–8 yrs) 4:00–4:45	All Belts (5–8 yrs) 10:30–11:15
			Little Heroes 4:45–5:15		Little Heroes 4:45–5:15	All Belts (9 yrs–Teen) 11:15–12:00
5:00 PM	All Belts (9 yrs–Teen) 5:00–5:45	All Belts (9 yrs–Teen) 5:00–5:45	All Belts (9 yrs–Teen) 5:15–6:00	All Belts (9 yrs–Teen) 5:00–5:45	All Belts (9 yrs–Teen) 5:15–6:00	BLACK BELT 12:00–12:45
	Black Belt 5:45–6:30	Black Belt 5:45–6:30		Black Belt 5:45–6:30		
6:00 PM			Black Belt 6:00–6:45		Black Belt 6:00–6:45	
6:45 PM					TESTING 6:45 PM	